

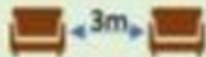
COVID-19 Guidance and Protocols

Stay in Car

Please wait in your car. Your Osteopath or the receptionist call you and come to you. A forehead temperature will be taken and pre-signed consent forms collected. Fever or viral symptoms will mean that the treatment must be re-scheduled. If you cannot wait in a car you have the option, when given permission, to wait in the reception area with correct distancing.



OR



Leave Accessory items in car

- Or leave them at home. Items such as watches and jewellery should not come in to the clinic



Please be Patient

There will be a 15-20 min spacing between appointments which allows the Osteopath to disinfect surfaces



Please bring own shorts/appropriate clothing

We will NOT be able to provide any gowns or shorts at the practice



Do Not Touch

Please do not touch any surfaces in the clinic, including avoiding door handles where possible



Wash your Hands

Hand sanitiser will be available and all patients will be required use it or wash hands with soap and water when entering the clinic



TOILET USE

Please notify us so that we can disinfect all surfaces in the toilet after use. Please go to the loo before setting off



Family or friends must stay in car

Patients should only be accompanied if with minors, or require assistance. Other family members will be requested to stay in the car



Watch for COVID-19 symptoms and please reschedule if:



- You are experiencing any signs and symptoms of COVID-19 (cough, sore throat, tiredness, fever)
- Exposure to anyone with suspected or diagnosed COVID-19 in last 14 days
- Have been instructed to self-isolate at this time

Masks

Please bring your own sterilized face mask or cleaned face covering. You will be asked to wear it during parts of the treatment session



These Protocols are designed for your safety during the COVID-19 pandemic. Whilst all steps are taken to remain COVID-19 Compliant, I want your visit to be as pleasant and successful as possible. Dr Damon Murgatroyd