

# CORONAVIRUS RISK ASSESSMENT AND PRACTICE ADAPTATIONS

June 2020 Dr Damon Murgatroyd

Relevant consent forms, informed risk acceptance and other documentation will be accessible online. **Patients will be required to read, print and sign these at home before bringing them to the appointment.** Alternatively clean laminated versions can be read in the car and fresh forms signed. Signed forms will be stored for 72 hours before adding them to case notes. Alternately, these will be scanned and the originals destroyed.

There is no guaranteed way to stop risk, but I have assessed treatment processes and made the following changes to mitigate viral contamination.

- The room has been re-organised in order to maintain distancing.
- I will be wearing a surgical mask, apron and gloves or have washed hands when physically treating.
- **Patients should bring a face covering or mask** to cover nose and mouth in order to have treatment. Patients will be asked to wash their hands thoroughly on arrival and then use the paper towels provided. I will do the same before gloving. Hand washing is preferable to hand gels as it is more effective and less damaging to the skin. However, patients will be given the choice of hand washing, alcohol gel or gloves.
- A window will be opened intermittently in order to dilute any viral contamination.
- As far as can be practical, soft surfaces will have been removed ie couch towelling and soft furnishings. Pillows are to be replaced by wipe clean varieties or covered in plastic for easy cleaning.
- Hard surfaces will be cleaned between patients with either soapy water, disinfectant or ionising solution. This especially applies to touched surfaces eg. bell pushes, door handles, light switches, taps, soap dispensers, flush handles, chairs and the treatment table etc.
- In order to prevent cross contamination patients will be asked to **bring their own clean bath sheet/towel and plastic bag**, and then place them into the plastic bag to take home.
- Only **one person per therapist** should be in the practice at one time, and time is left between patients for cleaning.
- Carpeted areas will be vacuumed at least every day.
- I will check my own temperature every practice day, and the patient's on arrival. If the patient or I do not feel well the appointment must not go ahead.
- I will email or phone the patient in the day or two before the appointment asking him/her to inform me if they have Coronavirus symptoms, have been told to isolate, or had recent close contact with others with Coronavirus symptoms. This will be part of the Risk Assessment before face to face treatment is started.

The recent pandemic of Coronavirus has seen serious changes worldwide with many countries going into lockdown to stop the spread. As a result most businesses have had to make changes to how they operate as this time, and this includes Dentists, Chiropodists and Osteopaths.

## Please Sign:

I have read and understood the above information: Coronavirus Risk Assessment and Practice Adaptations June 2020. I also understand that I can ask any related questions before treatment begins.

Name: .....

Signature: .....

Date: .....

Who you are (patient, parent, guardian etc): .....