Working Environment Checklist Dr Damon Murgatroyd, Osteopath



Preparation of Clinic

- Clinic and waiting rooms de-cluttered, minimising surface areas for cleaning
- Removal of Linens eg plinth covers + using plastic pillow cases
- PPE stocks sufficient
- Avoiding patient & clinician overlaps eg staggering appointments
- Ways to distance practitioners physically
- Questioned staff + family re 'at risk'
- Space arranged between staff + patients



Hygiene Activities

- Time allowed to sanitise surfaces between patients and dispose of PPE
- Appropriate sanitisers/wipes for between appts
- Aware of other patient contact areas to clean
- Sanitiser gel for patient entry to clinic
- Regime set up for all areas of practice



Protecting Self and Others

- Pre-screen process for before entry
- Good space from patient when taking history
- Correct protocol for PPE Don & Doff
- Alternative less close treatment techniques
- Access to own hand sanitising facilities
- Facilities for telehealth support



Informing My Patients

- Updated website etc with clinic protocols
- Email existing patients
- Consider info video for social media
- Clinic posters on safety measures
- Method for protocols in appt confirmations
- Emails to ask patients to inform of unwellness
- Positive reassuring language in all communications